

# 2022 PASS-SIG NEWSLETTER FOR ABCT NEW YORK CITY

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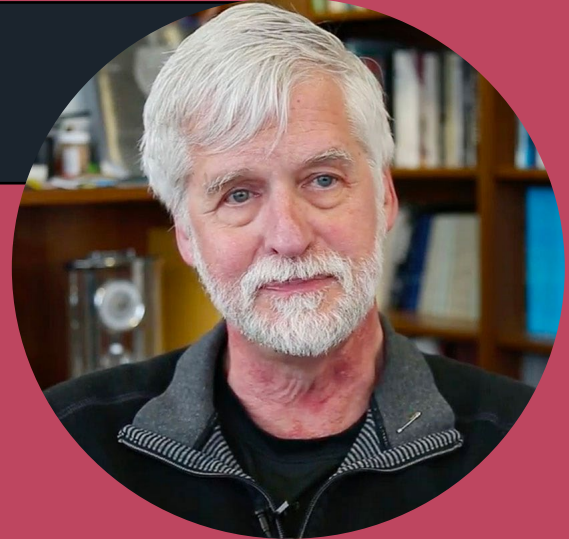
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# PASS-SIG 2022 AWARDEES

## THE TRAILBLAZER AWARD



**Patrick Corrigan, Psy.D.**, will be awarded the 2022 PASS-SIG Trailblazer Award during our annual PASS-SIG meeting in celebration of his achievements in research, clinical work, and his evaluation of psychiatric rehabilitation, and how stigma and discrimination negatively effect this process.

Patrick Corrigan is Distinguished Professor and Associate Dean for Research at the Illinois Institute of Technology. Dr. Corrigan has worked most of his 20 year career to provide and evaluate services for people with psychiatric disabilities and their families. His work has been supported by NIMH for more than ten years to, among other things, develop and lead, the Chicago Consortium for Stigma Research (CCSR); he is its principal investigator. Recently, the Chicago Consortium evolved into a national collection of researchers with support from an NIMH developing center grant. The National Consortium includes colleagues from Yale, UPenn, and Rutgers. Corrigan has authored more than 250 journal articles and 10 books. He is also editor-in-chief of the American Journal of Psychiatric Rehabilitation.



**Frescia Velarde, BS** is the winner of the 2022 BIPOC/LE Scholarship. Frescia moved to her current home of East Hartford, CT from Peru when she was 2 years-old. Frescia has a Bachelor's in Allied Health Science and a psychology minor from the University of Connecticut.

Frescia is a Master's student in Social Work at the University of Saint Joseph in West Hartford CT and is also working full-time as a caseworker at the Institute of Living, where she works in a specialized, intensive outpatient track that serves adolescents who are at clinical high risk or experiencing a first episode of psychosis. Her group, the Advanced Services for Adolescents with Psychosis (ASAP), provides group therapy, at-risk psychosis testing, collaboration with schools, medication management, family sessions, psychoeducation, specialized skills, and activity groups such as cognitive remediation using state-of-the-art technology to help improve cognitive outcomes. She is also a research recruiter for ProNET, an international consortium which aims to increase understanding of the development of schizophrenia.

## BIPOC/LE SCHOLARSHIP



# PASS-SIG 2022 EVENTS

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FOR A FULL LIST OF ALL EVENTS, PLEASE LOOK AT [OUR SCHEDULE](#).

## 2022 COMMUNITY FORUM: A MULTI-PERSPECTIVE DIALOGUE ON PSYCHOSIS/ EXTREME STATES/ SERIOUS MENTAL ILLNESSES

**What:** Free hybrid event will feature live performance by comedian/performing artist/choreographer, Stephanie R. Colón. Panelists will respond to key critical issues around structural racism, marginalization, systems navigation, intersectionality, and oppression.

**Speakers:** Stephanie R. Colón, NYCPS, CPMC (Peer Specialist, OnTrackNY); Michael Andersson (Social Worker/NAMI-NYC Metro Volunteer); Nev Jones, PhD (Assistant Professor, University of Pittsburgh); Charlie Davidson, PhD (Akin Mental Health)

**Location:** 307 W 38th St 8th floor, NYC, NY

**Partners:** NAMI NYC, University of Pittsburgh, Akin Mental Health

**Local Coordinators:** Elaina Montague PhD & Emily Hubbard, MA

**Date:** Thursday, November 17th, 7-9PM EST

**Registration:** Please [register online!](#)

## SPONSORED SYMPOSIUM

**Title:** Interpersonal Risk Factors Across the Psychotic Spectrum Disorder Illness Trajectory

**Date:** Friday, November 18th (10 - 11:30AM EST)

**Location:** Julliard/Imperial, 5th Floor

## SPONSORED SYMPOSIUM

**Title:** The impact of COVID-19 on CBT in inpatient psychiatric care: Responses and adjustments from early pandemic to Omicron surge.

**Date:** Friday, November 18th (12 - 1:30PM EST)

**Location:** O'Neil, 4th Floor

## SIG POSTER EXPO AND POSTER AWARD

**What:** Join us for our annual PASS-SIG poster presentations. All student presenters have the opportunity to win the Outstanding Student Research Award!

**Date:** Friday, November 18th, 6:30-8:30PM EST

**Location:** Broadway Ballroom, 6th Floor

## ANNUAL SIG MEETING

**What:** Please join us for our annual SIG meeting. This will include our business meeting, a talk from this year's Trailblazer, award winners of the BIPOC/LE scholarship and Outstanding Student Research Award, our annual vote, and more.

**Date:** Saturday, November 19th, 10a-11:30a EST

**Hybrid event:** Gilbert, 4th Floor and [Zoom](#)

## ANNUAL SIG HAPPY HOUR

**What:** Grab a drink and join us for our annual Happy Hour! Relax and discuss psychology with your favorite PASS-SIG members.

**Date:** Saturday, November 19th, 5:30-7PM EST

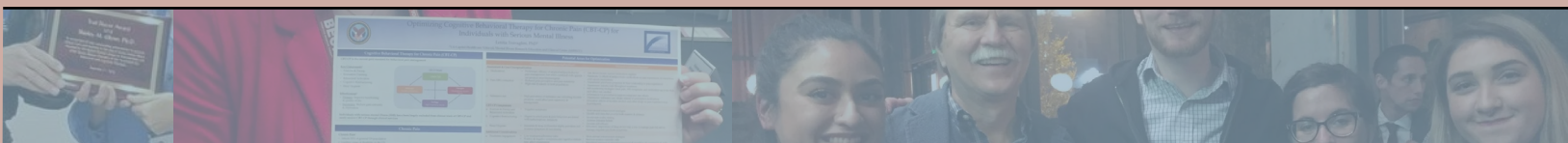
**Location:** The Rum House, 228 W 47th St

## ANNUAL CAREER PANEL

**What:** We welcome post-bacc, graduate students, post-doc, and early career professionals to ask questions from speakers in academia, private practice, medical settings, and mental health tech.

**Date:** TBA (Early December)

**Virtual Event:** TBA on listserv



## ARTICLES

Akouri-Shan, L., DeLuca, J. S., Pitts, S. C., Jay, S. Y., Redman, S. L., Petti, E., ... & Schiffman, J. (2022). Internalized stigma mediates the relation between psychosis-risk symptoms and subjective quality of life in a help-seeking sample. *Schizophrenia Research*, 241, 298-305.

DeLuca, J. S., Novacek, D. M., Adery, L. H., Herrera, S. N., Landa, Y., Corcoran, C. M., & Walker, E. F. (2022). Equity in mental health services for youth at clinical high risk for psychosis: Considering marginalized identities and stressors. *Evidence-Based Practice in Child and Adolescent Mental Health*, 7(2), 176-197.

DeLuca, J. S., Rakhshan Rouhakhtar, P., Klaunig, M. J., Akouri-Shan, L., Jay, S. Y., Todd, T. L., ... & Schiffman, J. (2022). Psychosis-like experiences and resilience: A systematic and critical review of the literature. *Psychological Services*.

Goodman, M., Sullivan, S. R., Spears, A. P., Crasta, D., Mitchell, E. L., Stanley, B., Dixon, L., Hazlett, E. A., & Glynn, S. (2022). A pilot randomized control trial of a dyadic safety planning intervention: Safe actions for families to encourage recovery. *Couple and Family Psychology: Research and Practice*, 11, 42–59.

Heinssen, R. K., & Azrin, S. T. (2022). A National Learning Health Experiment in Early Psychosis Research and Care. *Psychiatric Services*, 73(9), 962-964.

Maura, J., Ahmad, S. S., & Weisman de Mamani, A. (2022). The impact of familial involvement on dropout in a culturally informed group therapy for people diagnosed with 'schizophrenia'. *Psychosis*, 1-13.

Robinson, D. G., Schooler, N. R., Marcy, P., Gibbons, R. D., Hendricks, C. B., John, M., Mueser, K. T., Penn, D. L., Rosenheck, R. A., Addington, J., Brunette, M. R., Correll, C. U., Estroff, S. E., Mayer-Kalos, P. S., Gottlieb, J. D., Glynn, S. M., Lynde, D., Gingerich, S., Pipes, R., ... Kane, J. M. (2022). Outcomes during and after early intervention services for first-episode psychosis: Results over 5 years from the RAIS-ETP site-randomized trial. *Schizophrenia Bulletin*, 48, 1021-1031.

Warner, A. R., Lavagnino, L., Glazier, S., Hamilton, J. E., & Lane, S. D. (2022). Inpatient early intervention for serious mental illnesses is associated with fewer rehospitalizations compared to treatment as usual in a high-volume public psychiatric hospital setting. *Journal of Psychiatric Practice*. 28, 24-35.

Warner, A. R., Smith, W. R., & Tsai, J. (In press). Coordinated specialty care: Progress and future. *Psychiatric Services*.

Weisman de Mamani, A., & Lopez, D. (2022). Enculturation and acculturation's relationship to suicidal ideation in Hispanic/Latinx individuals with psychotic spectrum disorders. *Psychiatry research*, 307, 114298.

# PASS-SIG 2022 ACCOMPLISHMENTS 5

Please join us in celebrating the accomplishments of our members this year!

## BOOKS

**Title:** "Recovering" the U.S. Mental Healthcare System: The Past, Present, and Future of Psychosocial Interventions for Psychosis.

**Editors:** Meaghan Stacy Ph.D. and Charlie A. Davidson Ph.D.

**Content:** This book is for anyone who is, or wants to support, an individual with psychosis. It highlights the historical and current challenges of psychosis treatment, and advocates for the increased training and use of evidence-based treatment for psychosis.



## JOB, AWARDS, AND GRANTS



**Dr. Bob Heinssen**, the founder of PASS-SIG, recently began his new position as Senior Advisor to the National Institute of Mental Health after a 13-year stint as Director of the Division of Services and Intervention Research. He plans on continuing to work with the NIMH Early Psychosis Network (EPINET) in his new role, as well as to advise on matters related to learning health care research and practice. Dr. Heinssen is also set to receive the 2022 Gerald E. Hogarty Excellence in Schizophrenia Research Memorial Award at the 39th Annual Pittsburgh Schizophrenia Conference this year!

**Dr. Charlie Davidson** is celebrating a new career of Clinical Development Lead at [Akin Mental Health](#). Akin is a family peer owned and operated digital company that serves (broadly-defined) family members whose loved ones experience SMI. Please feel free to check it out and share.



**Dr. Joseph DeLuca**, an Assistant Professor in the Department of Psychological & Brain Sciences at Fairfield University, recently received APA Division 18's 2022 "Intern/Post-Doctoral Trainee Recognition Award."



**Merranda McLaughlin**, M.S. and **Salman Ahmad**, M.S., under the supervision of **Dr. Amy Weisman de Mamani** received APA's Society for the Advancement of Psychotherapy's Gelso Grant in order to deliver Culturally Informed Therapy for Muslims across Florida. As part of their [Muslim American Project](#), they are particularly excited to be delivering CIT groups for Muslims with SMI.



## PRIVATE PRACTICE WITH PERSONS WITH SERIOUS AND PERSISTENT MENTAL DISORDERS

BY JEROME YOMAN, PHD, ABPP

By the time I left graduate school I realized that my strength was not in rapidly producing publishable research. I published a few things I was proud of but knew that if I were faced with a “publish or perish” situation, I would likely perish.



I decided that my future was in creating and leading programs for persons with serious and persistent mental disorders (SPMD) and was able to get several positions doing that. However, each time I would run up against organizational or government politics that cut funding, were an obstacle to quality care, usually both. My efforts to advocate or change these systems were thwarted. My next promotion might have been to become an administrator and step into the political fray full time, but I was quite pessimistic at that time about mental health policy and its implementation in the systems where I worked.

Work-life balance is very important to me, and I wasn't earning enough to afford a home in the California housing market where I lived. I wanted to live in communities that supported a well-rounded and healthy lifestyle and didn't want to follow a job opportunity into an undesirable living environment. Going into private practice allowed me that kind of choice and an income to support the life I wanted. It has also given me the flexibility to serve as adjunct faculty in several graduate programs, support some research projects, provide trainings to community mental health staff, engage in advocacy/public education work, consult, and prioritize maximizing my clinical skills.

I wanted to keep my commitment to the SPMD population while making this change. I discovered that, as soon as I could get the word out about what I was doing, I was in demand. As PASS-SIG members may realize, very few mental health professionals have both an interest and specialized training in helping people with SPMD. Even fewer people like this choose to go into private practice. I have been the only such practitioner in both private practice markets where I have worked.

So much of research on SPMD has been conducted in Medicaid/Medicare-funded public or non-profit community mental health organizations that it may surprise some members how many people have these diagnoses, are covered by private insurance, and are seeking care through private practitioners. For example, in the past year I have served two Ph.D.-level engineers working for a major high-tech firm who both were hospitalized with multiple acute psychotic episodes and came to me for assistance with residual symptoms and significant barriers and threats to their quality of life. Due to income, or bureaucratic barriers to public benefit enrollment, many may not even qualify for community mental health services, which are in short supply in most locales. Most insured clients with psychosis seem to be getting only pharmacotherapy and supportive psychotherapy with a psychiatrist or psychiatric nurse practitioner. Even prescribers often don't see persons with psychosis. In addition, young (often first episode) individuals are often still covered by their parents' insurance at this critical time in their recovery.

**COT PRIVATE PRACTICE WITH PERSONS WITH SERIOUS AND PERSISTENT MENTAL DISORDERS CONTINUED...**

Finally, there is a major need for therapy with insured family members of persons with persistent psychosis or related disability, especially when the diagnosed person is still living with family (as is often the case in these situations). There are many families with the means and willingness to pay privately for services. Thus, there is demand and a business model for private practice with individuals and families affected by SPMD.

How can a private practice be effective, when research suggests a comprehensive multi-modal program is necessary for progress with SPMD? In many cases my work has filled gaps in services clients are receiving through community mental health. In other cases, I have been quite successful in tandem with only pharmacotherapy, in preventing rehospitalization and helping clients improve quality of life. For example, as one of the engineers referenced above was able to better recognize and manage his psychosis and associated mood cycling, he was able to start dating and subsequently married and became a father. I was able to help a woman with schizoaffective disorder and severe trauma-related paranoia adhere to medications, manage residual symptoms, strengthen social skills, come out as a lesbian, and secure a job as an art teacher at a community mental health program. Many, but by no means all, of the clients I work with are higher functioning than those encountered in community mental health systems. My hope is that my work with higher functioning clients is secondary prevention, averting the progression of disability by strengthening coping skills, life skills, and community supports. Supporting family members are eager and grateful for information and skills through which they can better help their diagnosed family member and manage their own stress or related mental health problems. This also can prevent or relieve communication negativity that we know can be so damaging in such situations.

In writing this article, I am aware that few if any of your training programs likely encourage private practice as a career track. However, many faculty persons choose to have a private practice on the side. If what I have described here interests you, I encourage you to reach out to me with any questions. If you decide this is a career track you would like to pursue, I would be happy to assist you. I would be delighted if you'd like to come be my colleague here in the Portland, Oregon metro area, where I can assure you that your services would be in demand.



## RESOURCES FOR STUDENTS

- ❑ [PASS-SIG](#)
- ❑ [Training Resources for Students](#)
- ❑ [List of Training Programs for Prospective Grads & Interns](#)

## OTHER SMI-RELATED ORGS

- ❑ [APA Serious Mental Illness Section](#)
- ❑ [Specialty Council for Serious Mental Illness](#)
- ❑ [International Society for Psychological and Social Approaches to Psychosis](#)

## PEER-LED ORGANIZATIONS

- ❑ [Hearing Voices Network](#)
- ❑ [National Alliance on Mental Illness](#)

## RESOURCES FOR CLINICIANS

- ❑ [SMI Advisor](#)
- ❑ [RecoverwithCBT](#)
- ❑ [Book: The Schizophrenia Spectrum](#)
- ❑ [Book: Social Skills Training for Schizophrenia](#)
- ❑ [Book: Don't Call Me Nuts : Coping with the Stigma of Mental Illness](#)
- ❑ [Podcast: Dr. Owens on Prodromal Psychosis](#)

## ORGS TO FOLLOW ON SOCIAL MEDIA

- ❑ [PASS-SIG \(also see below\)](#)
- ❑ [ABCT](#)
- ❑ [ISPS-US](#)
- ❑ [Hearing Voices Network](#)

For on-the-go resources, please follow our listserv by emailing Dr. Jen Snyder! If you have more resources you think should be listed for upcoming newsletters please contact Merranda McLaughlin.  
--PASScual, the Resource Penguin





# PASS-SIG LEADERSHIP

*We also wish to thank Elaina Montague, PhD, Emily Hubbard, MA, Calvary Fielden, Katrina Rbeiz, and Genesis Saenz Escalante for their support on multiple projects this year.*



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